

Aidan Key, Gender Specialist

Aidan Key's work to increase understanding and awareness of gender identity in all people has



taken him into places ranging from kindergarten classes to boardrooms. He has guided many individuals, families, schools and organizations as they seek to expand

their understanding of gender diverse expressions and experiences.

Key founded both the Gender Odyssey conference for adults and the Gender Odyssey Family conference for families raising transgender children. He leads trainings for providers, agencies, and other child-based organizations and leads a number of support groups at Seattle Children's Hospital for parents of transgender and gender non-conforming children.

Key's work has been profiled by The Pride Foundation, The Seattle Times, and Chicago Black Pride. He has often been featured in both local and national media, including appearances on Oprah, NPR, and Larry King Live. Key and his wife live north of Seattle, Washington.



Gender Diversity Can Help

Gender Diversity increases the awareness and understanding of the normal range of gender variations in children, adolescents, and adults by providing family support, increasing community awareness, and improving the well-being for people of all gender identities and expressions.

Children, teens and adults who do not conform to expected expressions of gender encounter many challenges and difficulties. They receive little support, and are often bullied, harassed or marginalized. Confidence and knowledge are critical to ending discrimination and creating gender equity within schools and the workplace. Additionally, families who have transgender or gender non-conforming children need the most up to date information and resources to optimize their child's health and wellbeing.



For Information About:

Trainings, Consultations, Referrals

info@genderdiversity.org

Our Support Groups

info@genderdiversity.org

National Conferences

Gender Odyssey Family Conference

info@genderodysseyfamily.org
(families and teens)

Gender Odyssey

info@genderodyssey.org (adults)

www.genderdiversity.org

1-855-4 GENDER

Gender Diversity

Education & Support Services

Creating a more supportive world for people of all gender identities and expressions

www.genderdiversity.org

1-855-4 GENDER

Gender Diversity

Everyone has a gender identity and everyone has a way of expressing it.

A person's gender identity and expression can encompass multiple factors including genetic influences, brain chemistry, learned behaviors, and personal choices. These factors – shaped by culture, custom, social constraints and beliefs – affect us all. Communities are increasing their awareness of transgender people and the need to support healthy identity development across the full spectrum of gender expression.



Our education and training services provide a simple, straightforward approach to understanding and addressing gender identity and expression.

Whether you are familiar with gender variance and transgender issues or are just beginning to learn, Gender Diversity can meet your specific individual, program or organizational needs. We provide accessible, practical approaches based on research and experience that will help you understand gender diversity in all its complexities at any stage of life.

The training was a very eye-opening experience. It added to our understanding of the personal and professional complexities of gender. Our organization is better prepared to minimize instances of discrimination — inside and outside the office.

Seattle Office of Civil Rights

Our Programs Benefit...

- Families
- Schools
- Organizations
- Agencies
- Providers
- Employers
- Individuals



We Provide...

- Gender Odyssey Conferences
- Classroom Education for All Ages
- Professional Trainings
- Educational Workshops
- Support Groups for Families & Teens
- Provider Referral Services
- One-on-One Consultations
- Workplace Diversity Training
- Policy Development

Our Training Topics Include...

- Assessing gender identity in children and teens
- Creating safe, inclusive environments in schools
- Navigating gender-segregated spaces
- Discussing gender diversity in an age-appropriate manner
- Stages of gender identity development in children and teens
- Supporting parents and siblings of a transgender child
- Professional standards for equitable care
- Staff training and inclusive workplace environments
- Revising current organizational policies to match existing anti-discrimination law
- Individual or family gender transition guidance
- Understanding the medical and mental health components of healthy gender development
- Disclosure and privacy concerns regarding gender status

We now have a resource for our schools, our families and our community. Gender Diversity is invaluable!

Lisa Love – Seattle Public Schools